

# Step 3:

## Checklist (Prior to Shipping)

**Please note: the laboratory is closed at weekends.** Samples must be received within 24 hours of completion and should not be in transit over the weekend. Please arrange for the samples to be sent with next day delivery Monday through Thursday.

### 1. All Tubes

- Patient's first and last name, date of birth and time and date of collection written on tube label.

### 2. Test Requisition Form with Payment

- Test Requisition Form is complete, **patient's first and last name, date of birth, gender, time and date of collection** are recorded.

### 3. Packing

- The red-top SST tube is placed inside the biohazard bag with the absorbent pad, and subsequently placed in the box.
- Seal the box with the blue security seal provided.

### 4. Shipping

- Please refer to the shipping instructions provided with the DHL shipping bag.

# Thyroid Plus

## Clinician Instructions for Serum Collection



Test may not be processed without this information:

### Test Requisition Form



#### Please Provide:

- Patient's First & Last Name
- Date of Birth
- Gender
- Date and Time of Collection

#### All Tubes Please Label:

- Patient's First & Last Name
- Patient's Date of Birth
- Date and Time of Collection



## Check Your Kit

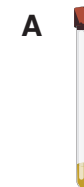
A - Red-top SST tube

Biohazard bag with absorbent pad

Test requisition form (to be completed)

Genova sample collection pack box

## Collection Materials



- If any of the items are missing or expired, call the laboratory on 0208 336 7750.
- The appearance of the above kit components are for illustration use only and actual contents may vary slightly from that shown.

## 1. IMPORTANT PREP BEFORE COLLECTION



### Medications

Drugs that may interfere with test results include glucocorticoids (e.g., prednisone), dopamine, lithium, interferon-alpha, phenobarbital, phenytoin, heparin, clofibrate, carbamazepine, and colestipol.

**Check** with your clinician whether it is necessary to discontinue medications/supplements.

Arrange to **have your blood drawn Monday - Thursday** for returning to the laboratory using a **next-day delivery** service.

## 2. BLOOD COLLECTION INSTRUCTIONS FOR CLINICIAN USE

**Label tube with the patient's first and last name, date of birth and time and date of collection.**

- 1** Before venipuncture, thoroughly wash the skin area with isopropyl alcohol, using two successive swabs of clean, sterile cotton.
- 2 DRAW BLOOD**
- 3 BLOOD PROCESSING:**



### RED-TOP SST TUBE

Draw blood to fill the tube to the black 8ml mark.  
NB: the tube will not fill past this mark.

**Gently invert** the tube three times.  
**DO NOT SHAKE.**



### Biohazard Bag

**Place** the tube into the biohazard bag with the absorbent pad and seal the bag.

**DO NOT FREEZE THE SAMPLE.**

**COMPLETE THE TEST REQUISITION FORM AND RETURN TO LAB FOLLOWING THE SHIPPING INSTRUCTIONS.**