

CHECKLIST (PRIOR TO SHIPPING)

1. All Tubes

- Patient's First and Last Name written on all tube labels

2. Test Requisition Form with Payment

- Test Requisition Form is complete - **Test is marked, Patient's first and last name, date of birth, gender, and date of collection are recorded**
- Payment is included

3. Return to the Laboratory

- Be sure to return the specimen within the original package and place that inside the included mailing material(s)

SHIP THE SPECIMEN(S) TO THE LAB

Please refer to the shipping instruction insert found in your collection pack.

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CLINICIAN BLOOD DRAW INSTRUCTIONS

IMMUNOLOGY

The following test(s) can be collected using these instructions:

IgG Food Antibodies	#1001
IgE Food Antibodies	#1000
IgG Vegetarian	#1002
IgE Inhalants	#1003
IgE Moulds	#1004
IgG Spices	#1005
Coeliac & Gluten Sensitivity	#1006



Test may not be processed without this information:

Test Requisition Form



Please Provide:

- Patient's First/last Name
- Date of Birth
- Gender
- Date of Collection

All Tubes



Please Label:

- Patient's First and Last Name

Specimen

Serum

Additional Materials

- Biohazard bag with absorbent pad
- Test Requisition Form
- Mailing Box

Collection Materials for Blood



SST red tiger-top tubes (4)

IMPORTANT PREP BEFORE SAMPLE COLLECTIONS

- ❑ Schedule the patient accordingly
- ❑ If testing for food antibodies, it is suggested that the patient eat a variety of foods for 2-3 weeks prior to testing (except for foods that are known to cause severe reactions). Doing so will help to ensure the presence of antibodies to problematic foods. **Antibodies to a particular food may be ABSENT if the food was not consumed recently.**
- ❑ **The following medications may influence the antibody test results:** Glucocorticoids (e.g., oral prednisone and/or steroid metered-dose inhaler), chemotherapy, other immunosuppressive agents (e.g., Humira, Rituxan), NSAIDS (e.g., Ibuprofen, Naproxen, Aspirin), anticonvulsants (e.g., Carbamazepine, Valproate), Omalizumab, and Heparin.
- ❑ Antibody testing may be inaccurate if the patient has liver disease, severe kidney disease, protein-losing enteropathy, HIV infection or other immunodeficiencies. Results may be skewed in patients with rheumatological pathologies associated with the production of heterophilic antibodies such as rheumatoid factor (RF).
- ❑ It is recommended that a child be at least 1 year old before testing for IgG antibodies. There is no age restriction for IgE testing.

For more details, please visit www.gdx.net/tests/prep

BLOOD COLLECTION

Please collect all tubes in one session. Label each tube with the patient's first and last name.

1 DRAW BLOOD

2 BLOOD PROCESSING



RED SST TIGER-TOP TUBES (4)

Clot for 15 min. while standing in a rack.

The following table lists minimum specimen requirements necessary to provide results.

# profiles	ml Serum	# SST tubes
1	3 ml	1 tube
2	6 ml	2 tubes
3	9 ml	3 tubes
4 or more	12 ml	4 tubes