

GUT HEALTH TESTING

# Uncover the cause of your gastrointestinal symptoms



**GENOVA**  
DIAGNOSTICS®  


# IBS

**Chronic constipation, diarrhea, abdominal discomfort, and bloating** are often placed under the umbrella of “IBS” or irritable bowel syndrome. Sometimes there are underlying causes of IBS that go undetected by conventional testing. **Food allergies, maldigestion, parasites, yeast, and bacterial imbalances** can all contribute to IBS. Identifying these abnormalities through Genova’s testing allows your clinician to make treatment adjustments that can improve your symptoms.

**Do You Suffer from Any of the Following Symptoms?**

- Gas
- Bloating
- Abdominal Pain
- Diarrhea
- Constipation
- Fatigue
- Chronic Skin Conditions



If you’ve answered yes, Genova’s advanced gastrointestinal testing may be the answer. ***Talk to your doctor today.***

## BENEFITS OF GI TESTING



Improved Digestion



Better Regularity



Increased Nutrient Absorption



Digestive problems are one of the most common reasons people seek medical advice.



## Stool Testing

The **GI Effects Comprehensive Stool Profile** provides data on inflammation and how well you digest and absorb the food you eat. Additionally, the profiles provide a detailed picture regarding the balance of yeast, parasites, and healthy and unhealthy bacteria that live in our large intestine. This bacterial population is called the microbiome.

Many patients do not realize that in addition to gastrointestinal complaints, systemic diseases can be linked to the GI tract. Improving the health of your gut may improve your overall health.



## Breath Testing

**Small Intestinal Bacterial Overgrowth (SIBO)** is a condition that results in excessive bloating and gas, especially after meals, as well as other IBS symptoms.

Genova's non-invasive SIBO breath test can detect the gases that are produced by the bacteria. Treatment often involves eliminating the overgrowth with antibiotics, herbal supplements, and/or a specialized diet.

Genova offers a **2 or 3-hour SIBO assessment**. The 3-hour SIBO profile provides insight into gas levels over a longer period of time, and is recommended for patients with slower gastrointestinal transit or constipation.

## FAQs

- **Does Genova offer testing for gastrointestinal symptoms?**

Genova testing provides comprehensive information that can be used for the development of a personalized treatment plan. Symptoms often improve when identified functional imbalances and inadequacies return to normal through targeted approaches to diet, lifestyle, and supplements.

- **Will my health insurance cover Genova gastrointestinal testing?**

Genova offers patients the ability to use their commercial health insurance to pay for their testing. We also offer a number of other billing options, including payment plans.

- **How do I get started with Genova testing?**

Talk to your doctor about your symptoms to see if Genova gastrointestinal testing is right for you. They can provide you with proper testing options based on your clinical needs. You can also visit Genova's website at [www.gdx.net](http://www.gdx.net) for more information on our company and our testing.

**Talk to your Doctor Today!**

Visit [www.gdx.net](http://www.gdx.net) to learn more.



## About Genova Diagnostics

Genova Diagnostics is an innovative leader in comprehensive laboratory testing. With 30+ years of extensive experience and expertise, we are committed to improving lives by bringing insights to health.

- We are a fully licensed clinical laboratory, providing testing worldwide.
- Our testing is only available through your doctor or other healthcare provider.
- We accept all commercial insurance plans, work with government payors, and offer payment plans for patients.

**GENOVA**  
DIAGNOSTICS®  


[www.gdx.net](http://www.gdx.net) • 800.522.4762  
[www.gdx.net/UK](http://www.gdx.net/UK) • +44 (0)20 8336 7750

© 2022 Genova Diagnostics  
g,br,GastroBro-eVersion,122822