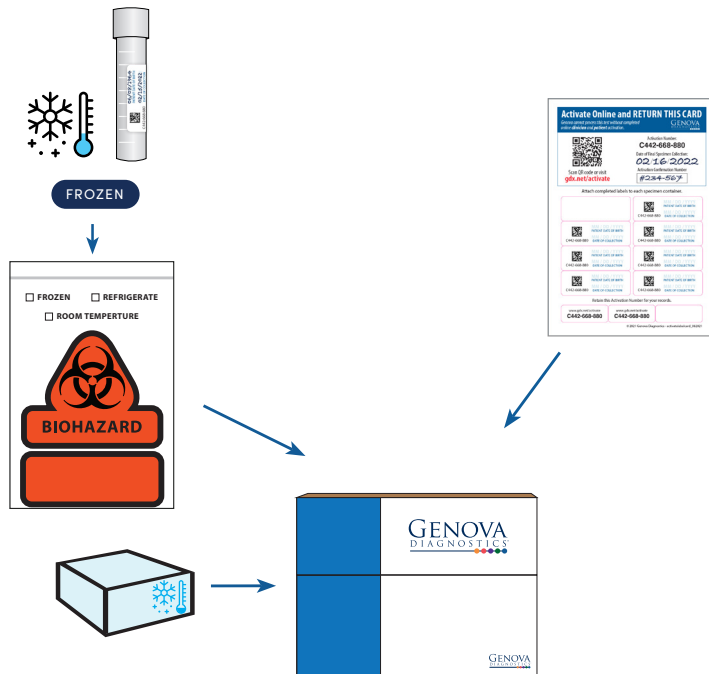


STEP 3

Return Collection Pack

1. Confirm that the tube has a **completed label attached** with patient's **date of birth** and the **date of collection**. Place the freezer brick and biohazard bag with **frozen tube** inside the cardboard box.
2. Visit gdx.net/activate to enter the date of your final collection and receive your **confirmation code**. Write the date of collection and your confirmation code on the **activation label card**.
3. Retain a copy of the **activation number** for future reference **using one of the three labels provided on the bottom of the activation label card**. Place the **activation card inside** the box.
4. **Close the cardboard box** and **place** inside the **FedEx shipping bag**. Follow the shipping instructions provided.



Additional resources are available online.
Visit gdx.net/activate and enter your requisition number.

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Provider Guide



Comprehensive Thyroid
Assessment #4400



Discuss any medications with
your physician as they may
impact results.

BEFORE YOU BEGIN

Ordering Physicians

Visit gdx.net/mygdx to order
and activate this test using
the activation number on the
included label card.

STEP 1

Help Patients Plan for Collection

Ship Monday thru Friday and
avoid US holidays which may
cause delays. Review full clinical
guidelines at gdx.net/tests/prep.

2 Days Before Collection

It is recommended that high dose
biotin is discontinued as it is a
direct interferent and may result in
false high or low findings.

Night Before Collection

Patients must fast overnight prior
to the blood draw.

Freeze freezer brick at least 8
hours.

STEP 2

Specimen Collection








1. Write patient's **date of birth** (DOB) and the **date of collection** on a label provided. Attach the completed label to the **tube** being returned to the lab.



Blood Draw and Processing

2. **Clean the skin** thoroughly with isopropyl alcohol before venipuncture.
3. **Draw blood.**
4. **Prepare blood** using benchchart.

Bench Chart

TUBES	PROCESS	LABEL AND RETURN
 <p>Red SST Tiger-top Tube</p>  <p>Clear Transfer Tube</p>	 <p>Clot for 15 min. while standing in a rack</p> <p>Centrifuge 15 min. at 3000 RPM</p> <p>Transfer at least 3ml of serum to clear transfer tube</p> <p>Freeze at least 2 hours prior to shipping and keep frozen until ready to ship</p> <p>DISCARD USED TUBE</p>	 <p></p>  <p></p> <p>FREEZE</p>