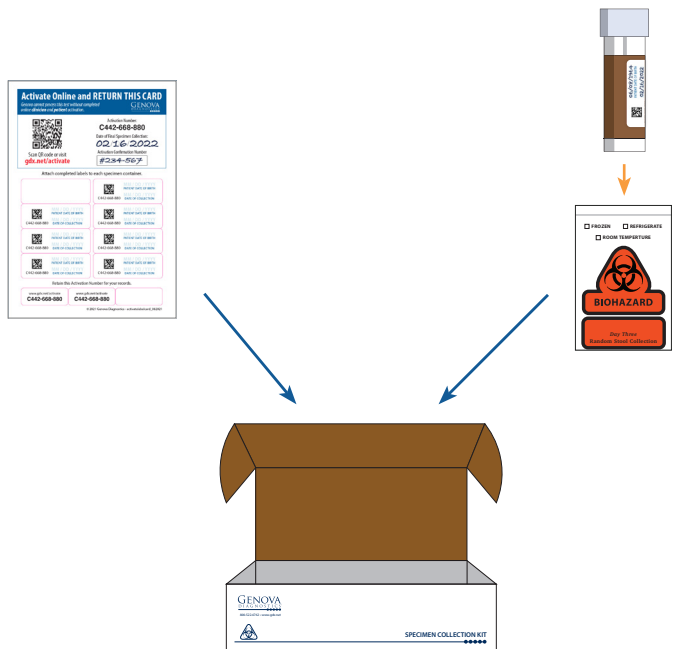


### STEP 3

## Return Collection Pack

1. Confirm that the tube has a **completed label attached** with **date of birth** and the **date of collection**. Place the **biohazard bag** with tube inside the **collection box**.
2. Visit **gdx.net/activate** to enter the date of your collection and the stool consistency of the sample. When complete you will receive a **confirmation code**. Write the date of final collection and your confirmation code on the **activation label card** and place inside the box with the biohazard bag.
3. Retain a copy of your activation number for future reference using one of the three labels provided on the bottom of the activation label card.
4. **Close the cardboard box** and place **inside the FedEx shipping bag**. Follow the shipping instructions provided.



Additional resources are available online.  
Visit **gdx.net/activate** and enter your activation number.

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# Patient Guide



Gut Immunology #2313

Calprotectin #2308



Discuss any medications with  
your physician as they may  
impact results.

### BEFORE YOU BEGIN

## Activate This Test

Visit **gdx.net/activate**  
and enter the number  
found on the included  
activation label card.



### STEP 1

## Plan Your Collection

Use a calendar to plan your  
specimen collection. Ship  
Monday thru Friday and avoid  
US holidays which may cause  
delays.

### 2 Days Before Collection

Unless directed otherwise by your  
physician, discontinue aspirin and  
other NSAIDs (i.e. ibuprofen).

## STEP 2

# Specimen Collection

1. **Review** instructions and test prep information at [gdx.net/activate](https://gdx.net/activate).
2. Write your **date of birth** (DOB) and the **date of collection** on one of the labels provided and attach to the **tube**.



**Do not overfill tube.** Make sure that the sample does not go over the fill line. Do not under fill tube.



1. **Wear** the glove provided.
2. **Collect** your **stool sample** in the provided tray. **Do not** let urine or water from the toilet get into the sample.
3. **Transfer** stool sample into the **CLEAR-TOP** tube using the built-in scoop. Collect from different areas of the sample. Add stool until contents reach the fill line on the tube.
4. Screw the cap on tightly.
5. **Place** the tube inside the biohazard bag and **refrigerate** until ready to ship. Do not freeze.
6. **Dispose** of the remaining stool into the toilet then **throw away** the collection tray and glove.

